

AN ACTIVE, DISCIPLINED APPROACH TO FORMULARY MANAGEMENT TO DRIVE BETTER PLAN AFFORDABILITY

Changes begin 7/1/17

As part of the effort to position our pharmacy plans for long-term affordability, Cigna regularly makes changes to our prescription drug lists (formularies). Decisions are made in conjunction with the Cigna Pharmacy and Therapeutics Committee (P&T) and the Cigna Pharmacy Business Decision Team. This ensures that any decision to actively manage a specific drug product is both clinically appropriate and provides the best overall value.

Changes beginning 7/1/17

Pharma pricing is increasingly disconnected from traditional market forces pricing. At the same time, opioid use and abuse is taking its toll on the lives of many of our customers. The U.S. consumes 80% of the world's supply of prescription opioids¹ and nearly 2.5M citizens are addicted.² For these reasons, the 7/1/17 formulary changes will focus in two areas:

- Drugs that had significant price hikes where alternatives are available to treat the same conditions
- Appropriate utilization of opioids

Below is a list of drug classes and drugs that are moving to not-covered or non-preferred brand status, or will require approval for coverage on the [Standard Formulary](#), beginning July 1, 2017.*

DRUG CLASS	DRUG(S) NOT COVERED IN DRUG CLASS [^]	DRUG(S) COVERED IN DRUG CLASS
BLOOD PRESSURE/HEART MEDICATIONS	Cardizem	diltiazem
CHOLESTEROL MEDICATIONS	Antara	fenofibrate
COUGH/COLD MEDICATIONS	Tussicaps	hydrocodone-chlorpheniramine ER, promethazine-codeine
DIURETICS	Edecrin, ethacrynic acid	bumetanide, furosemide, torsemide
GASTROINTESTINAL/HEARTBURN	Anusol-HC suppository	anucort-HC, hemmorex-HC, hydrocortisone, procto-med HC, proctosol-HC, proctozone-HC
	Pylera	lansoprazol-amoxicil-clarithro
INFECTIONS	Onmel	itraconazole, terbinafine
PAIN RELIEF AND INFLAMMATORY DISEASE	levorphanol	acetaminophen-codeine, hydrocodone-acetaminophen, hydromorphone ER, hydromorphone, lorcet, lorcet HD, lorcet plus, oxycodone, oxycodone ER, tramadol, verdrocet, Vicodin, Vicodin ES, Vicodin HP

DRUG CLASS	DRUG(S) NOT COVERED IN DRUG CLASS [^]	DRUG(S) COVERED IN DRUG CLASS
PAIN RELIEF AND INFLAMMATORY DISEASE (cont)	naproxen CR, naproxen ER, Zipsor	diclofenac, diclofenac ER, etodolac, etodolac ER, fenoprofen, flurbiprofen, ibuprofen, indomethacin, ketoprofen, ketorolac, meclofenamate, mefenamic acid, meloxicam, nabumetone, naproxen
	Zomig ZMT	zolmitriptan ODT
SKIN CONDITIONS	Aldara	imiquimod
	Anusol-HC cream	anucort-HC, hemmorex-HC, hydrocortisone, hydrocortisone acetate, procto-med HC, proctosol-HC, proctozone-HC
	Clobex	clobetasol, clodan shampoo
	Extina	ketoconazole
	Plexion	sulfacetamide-sulfur, SS 10-2, Zencia
	trianex	triamcinolone, triderm
	Verdeso	desonide
SLEEP DISORDERS/SEDATIVES	Ambien	zolpidem
	Ambien CR	zolpidem ER
DRUG CLASS	NON-PREFERRED BRAND MEDICATION	GENERIC AND/OR PREFERRED BRAND ALTERNATIVES
INFECTIONS	Daklinza ⁺	Epclusa ⁺ , Harvoni ⁺ , Sovaldi ⁺
DRUG CLASS	MEDICATION REQUIRING PRIOR AUTHORIZATION	ADDITIONAL INFORMATION
MISCELLANEOUS	Syprine	Your plan will only cover this medication if the customer's doctor requests and receives approval from Cigna.
PAIN RELIEF AND INFLAMMATORY DISEASE	acetaminophen-codeine, butalbital-acetaminophen-caffeine-codeine, butalbital-caffeine-acetaminophen-codeine, Dilaudid, Duragesic, Embeda, Endocet, fentanyl patch, hydrocodone-acetaminophen, hydrocodone-ibuprofen, hydromorphone, hydromorphone ER, Hysingla ER, Ibudone, Kadian ER, levorphanol tartrate, Lorcet, Lorcet HD, Lorcet Plus, Lortab, morphine sulfate, morphine sulfate ER, Nucynta, Nucynta ER, Opana, Opana ER, Oxaydo, oxycodone-acetaminophen, oxycodone, oxycodone ER, oxymorphone ER, oxymorphone, Oxycontin, Percocet, Primlev, Reprexain, Roxicodone, Verdrocet, Vicodin, Vicodin ES, Vicodin HP, Xartemis XR, Xtampza ER, Xylon 10, Zohydro ER	
	Cuprimine, Depen Titratub	
DRUG CLASS	MEDICATION WITH QUANTITY LIMITS	ADDITIONAL INFORMATION
PAIN RELIEF AND INFLAMMATORY DISEASE	Fentora	Your plan only covers a certain amount of this medication.

[^] There is a "medical necessity" review process in place for customers who have proven they have exhausted drug alternatives and would like to use a drug moving to not-covered status.

⁺ This is a specialty medication. Specialty medications are used to treat complex or chronic conditions like multiple sclerosis, hepatitis C and rheumatoid arthritis. Some plans cover specialty medications on a specialty tier. For plans with a specialty tier, this change will not affect the cost of the medication.

Narcotic pain medications (opioids)

As opioid-related deaths continue to increase in the U.S.,² we are taking important steps toward curbing their use and abuse—specifically among first time opioid users. **If your plan includes utilization management programs (Prior Authorization or Quantity Limits)**, your employees may be affected by these changes. For first time users, some opioids will require prior authorization and/or have quantity limits applied.



* In accordance with Texas and Louisiana state law, customers with affected benefit plans who receive coverage for medications that are removed from the prescription drug list during the plan year will continue to have those medications covered at the same benefit level until their plan renewal date. To find out if these state mandates apply to your plan, please call Customer Service.

1. CNBC, Americans consume vast majority of the world's opioids, Dina Gusovsky, April 27, 2016.
2. American Society of Addiction Medicine, "Opioid Addiction: 2016 Facts & Figures," 2016.

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